

Sandwiches

- Mature Welsh Cheddar & Chutney (v) **£6.00**
Tuna Mayonnaise & Cucumber **£6.10**
Home Baked Glazed Ham **£6.00**
Breaded Chicken Fillet, Iceberg Lettuce and Mayonnaise **£7.50**
Pastrami, Swiss Cheese, Gherkin & Dijon Mustard Mayonnaise **£7.80**

Toasted Sandwiches

- Tuna Melt Toastie:** Tuna Mayonnaise with Red Onion and Cheddar Cheese **£7.50**
Hawaiian Toastie: Gammon Ham, Pineapple and Cheddar Cheese **£7.50**
Pizza Toastie: Pepperoni, Mozzarella, Oregano & Tomato **£7.50**
Mediterranean Toastie: Roasted Red Pepper, Goats Cheese & Basil Pesto (v) **£7.80**

Sandwiches and Toasted Sandwiches are served on White or Malted Bread. All the above will be served with Chips and Dressed Salad Garnish

Filled Jacket Potatoes

- Chilli Con Carne (g) **£6.95**
Grated Welsh Cheddar & Beans (v&g) **£6.25**
Tuna Mayonnaise (g) **£6.25**

All Jacket Potatoes are served with Coleslaw and Dressed Salad

Light Bites and Starters

- Homemade Soup of the Day with Home Baked Bread **£5.25**
Mexican Chilli Beef Quesadillas with Nacho Cheese Sauce and Tomato Salsa **£5.95**
Deep Fried Goujons of Salmon in Ginger Ale Batter served with Honey, Ginger and Soy Dipping Sauce **£6.50**
Halloumi Fries with Za'atar seasoning and a duo of Dips; Marinara Sauce and Tzatziki (v) **£5.50**

Main Meals

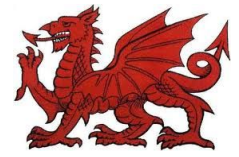
- Beef Lasagne with Dressed Mixed Salad and Garlic Bread **£9.95**
Deep Fried Fish of the Day in Ginger Ale Batter with Chips and Mushy Peas **£11.25**
Cheddar Cheese and Glazed Ham Platter with Chutney, Dressed Salad and Home Baked Bread **£7.95**
Steamed Steak and Kidney Pudding with Gravy, Vegetables and Chips **£13.95**

*For opening times and all enquiries, please contact us at;
'Y Garth Bar and Restaurant', Plas Talgarth, Pennal, nr Machynlleth, SY20 9JY.*

Tel: 01654 791 394 / ygarthpennal@gmail.com / www.y-garth-pennal.co.uk



Croeso I Y Garth



Welcome to Y Garth

Deep Fried Wholetail Scampi with Chips and Garden Peas **£10.50**

Kashmiri Lamb Curry with Vegetable Pilau Rice, Mango Chutney and Naan Bread **£12.95**

Baked Garlic Mushroom, Spinach and Parmesan Cannelloni, Mixed Salad and Garlic Bread **£10.20 (v)**

8oz Celtic Pride Welsh Beef Burger with Cheddar Cheese in a Pretzel Bun served with Chips and Coleslaw **£11.50**

Homemade 11" Stonebaked Pizzas

Three Cheese (cheddar, mozzarella & parmesan) (v) **£8.95** Basil Pesto optional

Pepperoni **£9.50**

Gammon Ham and Pineapple **£9.95**

Pulled BBQ Beef, Mixed Peppers and Red Onion **£9.95**

Roasted Red Pepper, Chicken and Goats Cheese **£9.95**

Add Extra Toppings (£1.00 per topping) – Olives, Mushrooms, Fresh Pineapple, Red Onion, Pepperoni, Gammon Ham, Sweet Peppers, Chicken, Pulled BBQ Beef & Goats Cheese

Make it Hot!! Add Jalapenos for FREE.

Side Dishes

Bowl Chips (v) **£3.00**

Nacho Cheesy Chips (v) **£3.50**

Garlic Bread (v) **£2.50**

Onion Rings (v) **£2.50**

Dressed Salad (v+g) **£2.50**

Coleslaw **£2.50**

Home Baked Roll and Butter **£1.50**

Pot of Marinated Olives **£2.50 per pot**

Tortilla Chips and Nacho Cheese Sauce **£2.00 per bowl**

(Please note that some of the above dishes can be made Gluten Free with the removal of certain ingredients – Please discuss with a member of staff prior to ordering.)

Note to all customers: All our food is prepared and cooked in an environment where nuts are present. If you have any dietary requirements or allergies such as nut, gluten, coeliac and diabetic intolerances please speak to one of our Bar or Restaurant team who will be more than happy to advise you.

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