



## Bar Lunch Menu

*Croeso I Y Garth*



Welcome to Y Garth

### *Sandwiches*

- Mature Welsh Cheddar & Chutney £6.00 (v)
- Tuna Mayonnaise & Cucumber £6.10
- Home Baked Glazed Ham £6.10
- Breaded Chicken Fillet, Lettuce, Tomato and Mayonnaise £7.50
- Egg and Chive Mayonnaise £6.00 (v) (add rashers of smoked bacon for £1.00)

### *Toasted Sandwiches*

- Tuna Mayonnaise with Red Onion and Cheddar Cheese £7.50
- Gammon Ham, Pineapple and Cheddar Cheese £7.50
- Halloumi, Harissa and Honey £7.50 (v)
- Smoked Bacon, Brie and Cranberry £7.50

**Sandwiches and Toasted Sandwiches are served on White or Malted Bread. All the above will be served with Chips and Dressed Salad Garnish**

### *Filled Jacket Potatoes*

- Chilli Con Carne £6.95 (g)
- Grated Welsh Cheddar & Beans £6.25 (v&g)
- Tuna Mayonnaise £6.25 (g)

**All Jacket Potatoes are served with Coleslaw and Dressed Salad**

### *Light Bites and Starters*

- Homemade Soup of the Day with Home Baked Bread £5.25
- Deep Fried Battered Goujons of Cod with Salsa Verde Mayonnaise £6.50
- Buffalo Chicken Wings with Waldorf Salad and Blue Cheese Dip £5.95
- Breaded Caraway Crusted Brie Wedge and Pear Salad with Candied Pecans £6.95 (v)

### *Main Meals*

- Beef Lasagne with Dressed Mixed Salad and Garlic Bread £10.25
- Deep Fried Fish of the Day in House Ale Batter with Chips and Mushy Peas £11.25
- Cheddar Cheese and Glazed Ham Platter with Chutney, Dressed Salad and Home Baked Bread £7.95
- Steamed Local Welsh Lamb, Leek and Mint Suet Pudding with Gravy and Vegetables £13.95

*For opening times and all enquiries, please contact us at;  
'Y Garth Bar and Restaurant', Plas Talgarth, Pennal, nr Machynlleth, SY20 9JY.*

**Tel: 01654 791 394 / [ygarthpennal@gmail.com](mailto:ygarthpennal@gmail.com) / [www.y-garth-pennal.co.uk](http://www.y-garth-pennal.co.uk)**



Croeso I Y Garth



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Deep Fried Wholetail Scampi with Chips and Garden Peas £10.50

Local Welsh Lamb Faggots with Fried Onions, Smoked Bacon, Creamed Potatoes, Gravy and Vegetables £12.95

Baked Asparagus, Sweet Potato, Spinach and Chive Cannelloni served with Mixed Salad and Garlic Bread £10.95 (v)

Celtic Pride Welsh Beef Burger with Cheddar Cheese in a Sourdough Bun served with Chips and Coleslaw £11.50

### Homemade 11" Stonebaked Pizzas

Three Cheese (cheddar, mozzarella & parmesan) £8.95 (v)

Pepperoni £9.50

Gammon Ham and Pineapple £9.95

Pulled BBQ Beef, Mixed Peppers and Red Onion £9.95

Roasted Red Pepper, Chicken and Goats Cheese £9.95

**Add Extra Toppings** (£1.00 per topping) – Olives, Mushrooms, Fresh Pineapple, Red Onion, Pepperoni, Gammon Ham, Sweet Peppers, Chicken, Pulled BBQ Beef & Goats Cheese

**Make it Hot!! Add Jalapenos for FREE.**

### Side Dishes

Bowl Chips £3.00 (v)

Nacho Cheesy Chips £3.50 (v)

Garlic Bread £2.50 (v)

Onion Rings £2.50 (v)

Dressed Salad £2.50 (v+g)

Coleslaw £2.50 (v+g)

Home Baked Roll and Butter £1.50 (v)

Pot of Marinated Olives £2.50 per pot (v+g)

Tortilla Chips and Nacho Cheese Sauce £2.00 per bowl (v)

(Please note that some of the above dishes can be made Gluten Free with the removal of certain ingredients – Please discuss with a member of staff prior to ordering.)

Note to all customers: All our food is prepared and cooked in an environment where nuts are present. If you have any dietary requirements or allergies such as nut, gluten, coeliac and diabetic intolerances please speak to one of our Bar or Restaurant team who will be more than happy to advise you.

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